

Dr. Omar Miranda-Novales.
Sozialpsychologe und körperorientierter
Psychotherapeut.

**Social psychologist and body-oriented
psychotherapist.**

I was born and raised in the Mayan Nahual Tradition. In 1990 I left my homeland Mexico to pursue an academic career in Europe. Along my path I studied Clinical Psychology, Social Psychology, Body Oriented Psychotherapy.

In my work I integrate the academic and old traditional knowledge of the Mayan people, with Dance, Theater and performing Arts. My academic interests and curiosity for other cultures led me to study and work in countries such as USA, Russia, Spain, Italy and Germany.

**In 2015 I created the therapeutic methods of
dynamic integration.**

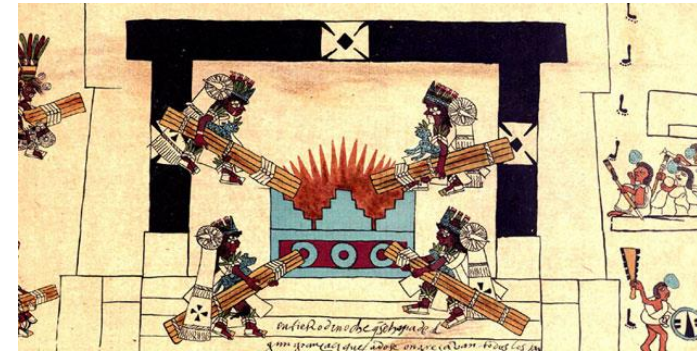


The Mayan tradition offers a unique approach based on the ethnomethodology of the Mexican healing techniques which I learned since my childhood.

Currently I am conducting experiential workshops, training groups and individual sessions online in different languages and cultural realities.

52 The new fire The end and the beginning of time

**Last intensive experiential trip
to Mexico**



**Conducted by:
Dr. Omar Miranda-Novales**

6-15 March 2026

Mexico

52 *El fuego nuevo* *The new fire.*

According to the Mexican count of time, every 52 years the end of an important cycle of nature and the cosmos is reached, starting a new phase. This event is of special significance for the remaining Nahual Traditions and is celebrated in a very high fashion.

The old fire will be extinguished, and a new one will be lit. This transitional stage to a new cycle, ends with the celebration of the Mexican New Year in March 2026, where the process of the creation of a new fire will start. During the winter solstice in 2027, the new light will be fired, burning during the next 52 years.

This trip is a unique event, it offers the opportunity to dive deep into the cosmology of the Mexican Nahual traditions and it gives the chance to participate in the final passage of a new, significant cycle. An event that will not be experienced again in our lifetime!

This journey is also significant for several reasons. The Nahual tradition proceeds its agony. The course of the physical death of the head of the tradition continues its course, Maestro Meza, who held the various Calpulli (schools) together, generates a gap of leadership and struggles for power between different groups, leading to a kind of “Anti-Nahual” behavior. The original teachings are fading away and the prohibitions to practice the rites and ceremonies in sacred soil on the part of the Mexican government, are just some of the factors that are contributing to the decline of the tradition

This trip to Mexico will also be the last one ever offered by me. In this regard, the future of the tradition lies in European soil and in all the people of different countries and cultures who have participated in the

different versions of this journey of knowledge from 2008 to this date.



During the intensive journey **52 *The New Fire***, travelers will experience the final teachings of the Nahual Tradition in a profound way. The group will build a bridge between our countries and in this way, the Nahual teachings will be alive in the hearts of the participants.

Some of the activities, which will take place in Mexico are:

- > Mexican New Year's ceremony on 11.3.26.
- > Mexican cleansing and sweat lodge ritual
- > Nahual Teachings in the sacred site of Tepoztlan
- > Visit to the Pyramids in Teotihuacan
- > Visit to the witch market in Mexico City
- > A variety of integrative experiences and some relaxing activities.

The exact program and more other practical information will be sent to you as soon your registration is completed.

INCLUDED: Fully escorted and guided journey, 2-3 days/nights' accommodations.

Intensive experience trip*: **Workshop taking place in:**

Different places and cities in Mexico
6-15 March 2026

Fee: 3333€
(Flight not included)

PLEASE NOTE: Registrations are valid only through full payment by money transfer till 13.12.2025. **Full payment / remaining balance is due till 13.1.2026.** Bank account information will be provided on request. After this date no refunds will be given.

(Payment in installments and registrations after this date are only possible by arrangement)

There is the option to pay in three installments of €1,111:

First installment before 13.2.2025

Second installment before 13.7.2025

Third installment before 13.1.2026

It is also possible to arrange a personalized installment plan on request.

Informationen and registration *:

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www.psychotherapie-novales.org

*The program may be subject to change.